Vernacular Bamboo Architecture in Tropic Latitudes and Its Potentials for Adaptation in Contemporary Housing

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Abstract This research delves into the potential of bamboo as a renewable and sustainable alternative in the construction industry in the face of climate change, particularly within the context of contemporary housing in tropical regions. A central challenge lies in bamboo's vulnerability to water and insects. While recent innovations have sought to improve bamboo's resistance, significant doubts persist regarding its durability. The research advocates that bamboo holds substantial promise as a sustainable building material, contingent on addressing durability concerns for long-term viability. The methodological approach includes examining the general characteristics of bamboo, emphasizing its rapid growth and remarkable physical properties. Building on this foundation, the focus shifts to an exploration of vernacular bamboo architecture in tropical and subtropical areas. The investigation aims to assess the strengths and weaknesses of bamboo as material and of diverse architectural examples, considering their historical use and exploring possibilities for adapting it to contemporary housing.

Index Terms— bamboo, potential, contemporary housing, vernacular architecture, adaptation.

I. INTRODUCTION

Treat it properly, design it carefully and a bamboo structure will last a lifetime.” - Elora Hardy, (n.d.)

The above quote is attributed to Elora Hardy, an architect renowned for her work with IBUKU in Bali, where she creates inspiring structures utilizing bamboo. During my research for my upcoming master’s thesis on bamboo construction in European latitudes, I came across one of her TED talks and was captivated by the possibilities that bamboo offers as a building material. Elora Hardys studio stands as an exemplar in the realm of architectural innovation, transcending conventional norms by seamlessly integrating bamboo into their designs. Their mastery over this sustainable and versatile material not only captivates the eye but also pioneers a harmonious coexistence between nature and architecture, setting a transformative standard for eco-conscious and aesthetically captivating spaces. In the ongoing discourse surrounding sustainable construction and resource-efficient architecture, bamboo stands out as an exceptionally element. Beyond its structural attributes rivaling concrete and steel, this rapidly renewable grass doubles as a carbon-sequestering resource, positioning it as an environmentally friendly alternative for construction purposes. Nevertheless, reservations persist regarding the widespread use of bamboo in construction, primarily due to its susceptibility to insects and water in the absence of proper treatment. The evaluation of whether bamboo is a viable construction material, even when subjected to treatments for enhanced resistance to environmental elements, will be explored in the following analysis.

II. Method

Within the scope of this study, the initial objective is to compile a comprehensive repository of information on bamboo with the already mentioned literature, elucidating its potential as a modern construction material. Subsequently, an examination of its historical applications in vernacular architecture will be conducted, highlighting strengths and weaknesses while drawing comparisons between traditional housing and modern requirements. This will be followed by an exploration of whether these traditional systems harbor the potential for adaptation to meet the standards of contemporary housing. Additionally, the study will extend its scope to unveil the diverse application spectrum of bamboo beyond tropical regions, providing a comprehensive understanding of its suitability and versatility in global construction contexts.

III. Discussion

A. Literature Review

The literature review encompasses a diverse range of key sources, collectively providing a comprehensive understanding of bamboo as a modern construction material. Holzmann, Wangelin, and Bruns (2012) in "Natürliche und pflanzliche Baustoffe" offer insights into natural and plant-based building materials, covering raw materials, building physics, and construction techniques. Minke's "Building with Bamboo" (2016) focuses on sustainable architecture, emphasizing the design and technology aspects of bamboo construction. The online resource by Bamboo U explores the vernacular design of bamboo structures globally, adding a contemporary dimension to practical applications. Additionally, the "Smart Cross-Bamboo" project from Virginia Tech introduces a cutting-edge exploration of technological innovations and interdisciplinary applications in bamboo construction. Together, these sources contribute a multidimensional view, covering historical, practical, scientific, and technological aspects, forming a robust foundation for understanding bamboo in contemporary construction contexts.

B. Bamboo

According to a traditional story, the name "Bamboo" originated from a European traveler who, startled by the loud crack of the sweet grass at a native campfire, described the event in his diary using the words "Bam" and "Boo" what eventually led to the English word "Bamboo".

C. Botanical Classification and Global Distribution

In the realm of biological systematics, the term "Tribus" designates a rank situated between the subfamily and the genus. Bamboo (Bambuseae), fittingly categorized as a tribe within the sweet grasses (Poaceae = Gramineae), belongs to the subfamily of bamboo plants (Bambusoideae). While the Bambuseae and Olyreae tribes, predominantly found in tropical and subtropical regions, differ in their growth characteristics - Bambuseae being comprised of woody bamboo plants and Olyreae of herbaceous ones - the third tribe, Arundinarieae, also woody, notably stands out for its prevalence in temperate climates. The exact count of genera and species remains uncertain, with estimates ranging from 30 to 47 genera and 230 to 1250 species. However, the confirmed presence of bamboo across all continents except Antarctica and Europe underscores its global ubiquity. Notably, around 65 percent of bamboo species are concentrated in India, Burma, and the Asian archipelago, leading to the belief that the plant's origin can be traced to these regions. Bamboo's remarkable adaptability is evident in its resilience to diverse climatic conditions. While most bamboo species thrive in temperatures ranging from 8 to 36 degrees Celsius, certain varieties, such as Moso and Mabamboo, exhibit a capacity to withstand temperatures as low as -11 degrees Celsius. Bamboo's tenacity extends to extreme altitudes, with bamboo plants flourishing in the high reaches of the
Himalayas at 3,600 meters above sea level. Apart from saline soils, bamboo demonstrates adaptability to various environmental conditions. Its adeptness is particularly notable in permeable sandy-loamy soils, and certain species exhibit thriving tendencies in moist, marshy locales, as well as clayey soils. The adaptability of bamboo to such diverse ecosystems underscores its ecological versatility and resilience.

D. Growth Dynamics and Structural Integrity

The growth patterns of bamboo showcase a remarkable fusion of characteristics reminiscent of grasses, deciduous trees, and palms. Much like deciduous trees, this perennial hardwood species annually sprouts new branches and undergoes leaf shedding, a frequency determined by the specific bamboo variety, all while fresh leaves are already in the process of emergence. The bamboo stem shares a striking parallel with palms, exhibiting a defined stem circumference that does not witness an increase in thickness over time. Consequently, the age determination of bamboo relies not on its diameter but rather on discerning acoustic properties and surface coloration. A defining feature across all bamboo species is the unmistakable tubular structure of their stems, segmented into nodes and internodes, mirroring the composition seen in grasses. A distinguishing characteristic of bamboo lies in its rhizomes, describing underground or near-surface shoot systems. The categorization of bamboo plants into two groups, namely monopodial and sympodial, is dictated by the type of...
E. Moisture Content and its Impact on Bamboo Properties

Bamboo species exhibit distinct variations in their water saturation levels, with a notable difference between the moisture content of the upper and lower parts of the stem. The moisture content is profoundly influenced by the climate conditions of the specific location and the ongoing season. In tropical environments, there is an approximate 20 percent difference in water content, while in subtropical bamboo plants, this difference can reach up to 170 percent. In general, the swelling and shrinking behavior of bamboo is akin to that of wood. However, bamboo showcases a unique feature by undergoing a proportional change in length, width, and thickness.1 Throughout the growth phase, the moisture content tends to be significantly higher compared to the period five to six years after the bamboo plant has completed its life cycle, experiencing death and full transformation into a woody structure.2

F. Harvesting and Processing

The optimal time for harvesting bamboo culms is during the dry season, where not only is the water content generally lower but also insect activity tends to be less pronounced. Investigations have revealed that moisture levels are influenced by both the time of day and lunar phases. The lowest moisture content is observed during the waning moon phase and tends to be lower in the early morning hours.2 Bamboo plants are typically harvested, using a machete, above the first node after a minimum of three years of growth. The cut should be inclined to prevent water from entering the rhizome and to mitigate the risk of root decay.3 To safeguard against insect damage, harvested culms should be dried promptly. Among various methods, the most widely employed are air drying, spanning six to twelve weeks, and alternatively, oven drying, which concludes within two to three weeks but carries a higher risk of cracking.4 Given that bamboo, akin to wood, is hygroscopic, it is advisable to store it in a dry and well-ventilated location to prevent deformations.2 Additionally, the material can actively be protected against insect...
infestation through smoking, soaking, or coatings. Smoking renders the bark indigestible for insects, while water immersion flushes starch and sugars, the primary food sources for pests, out of the wood. An ecological solution involves coating with mineral borax, lime washes, Rangoo oil, or a mixture of cow dung and lime.\(^4\)

**G. Fire Resistance**

On initial inspection, bamboo might seem to present a heightened concern for fire resistance due to its hollow culms. However, it’s crucial to consider that the outermost layer harbors a substantial proportion of silicates. A case in point is the assessment carried out for the Leipzig Zoo Multi-Story Car Park in accordance with DIN 4102, where bamboo culms underwent testing and were classified as normally flammable, placing them in fire protection class B2.\(^2\)

**H. Constructive Elements and Systems**

Bamboo caters to the requirements of numerous structural as well as supplementary components. It can serve not only as a support or beam but also in framework systems, floor plates, roofs, walls, and even as a reinforcement element. Furthermore, bamboo extends its applications to interior spaces, finding use in flooring, suspended ceilings, stairs, doors, and windows. Due to the unique structure of bamboo culms, various sections with distinct qualities emerge, meeting the diverse needs of different applications.\(^2\)

**Columns**

The lower section of the culm, where internodes are closer together, providing greater stability, is predominantly used for columns. To secure the base, a common method involves filling the bamboo tube up to the first node with cement mortar or alternatively with a mixture of epoxy resin, sand, and gravel to prevent the tube from splitting. To provide additional protection against insect damage, a metal cover can be placed around the base. An alternative to the labor-intensive mortar filling process is to use a steel tube or a hardwood bolt, inserted into the bamboo tube and secured with wooden pins or screws. This protects the base of the support from moisture. Christoph Tönges, in his Vergiate pavilion, developed an innovative solution for the support base, capable of withstanding high compressive loads. Marcelo Villegas also found an aesthetic solution with a mortar-cast steel cone as a column base.\(^2\)

**Beams and Framework Structures**

Due to limited flexural strength, using bamboo as a single beam is advisable only for short spans or low loads. However, stability significantly increases when multiple bamboo tubes are stacked and connected with an inclined wooden dowel. The bearing surfaces should be positioned at the nodal points or filled similarly to support bases with pressure-resistant material to prevent spreading or breaking. Another method to transfer forces at the ends of the culm is to use a conical termination with a threaded rod. Pre-
tensioning the beams can also lead to increased bending stiffness, as the lower bamboo tube functions as a tension rod in this case. For larger load impacts, using a framework structure instead of individual beams is recommended. A well-coordinated arrangement of beams allows for effective load distribution.

Connections

A central aspect of bamboo construction lies in forming connections that transfer forces from one element to another. Due to the hollow and round cross-section of bamboo tubes and the different fibers between the nodes, connections differ significantly from those in wooden elements. When using nails or screws, pre-drilling is essential to prevent longitudinal splits. In some cases, bamboo tubes at connection boundaries and screw penetration points are reinforced with a cement mortar mixture. Traditionally, lianas or natural fibers were used to fasten connection points, which contract upon drying, providing additional stability. Nowadays, synthetic fibers, galvanized wire, or even wooden elements are more commonly used as connecting means. To ensure optimal force transmission, maximum contact between elements is advantageous. One of the most common cuts to achieve this is the so-called vertical fish mouth, while an angled cut is referred to as a flute tip. However, there are also connections that link individual bamboo tubes with hard wooden or palm pegs. Various approaches have been developed to ensure even pressure distribution from screw to bamboo tube. In addition to metal connectors specifically designed for bamboo construction, there are also numerous solutions that utilize standard elements, such as using the Mero knot for three-dimensional structures. These diverse connection approaches enable effective and customized force transmission in every situation, enhancing the stability of bamboo constructions.

I. Vernacular Bamboo Structures

The concept of Vernacular Architecture encompasses the diverse ways in which cultures express their traditions and histories through locally adapted structures, considering the environment and climatic conditions. This form of architecture blends craftsmanship and distinctive patterns of expression, creating structures that carry a sense of identity and continuity within a community. Bamboo, being an historic building material, assumes a pivotal role in the realm of Vernacular Architecture. Its mechanical properties, versatility, economic accessibility, flexibility, and rapid growth make it an ideal material for constructing lightweight, yet sturdy structures as already mentioned before. Vernacular bamboo structures are predominantly found in tropical and subtropical regions across various continents, including South America, North America, Africa, and Asia. These structures, rooted in cultural practices, showcase the adaptability of bamboo in creating functional and aesthetically rich architectural designs that stand as a testament to the ingenuity of diverse communities. The following examples take a closer look at diverse forms of vernacular bamboo architecture from various cultures in the tropics.

J. Taironas und Muiscas, Columbia

The Taironas and Muiscas in Colombia crafted remarkable dwelling structures known as Bohios or Malocas in the form of circular structures constructed from wooden columns and clay walls, topped with conical reed roofs. A central support system comprised long wooden beams attached to wooden posts creates a distinctive rounded framework. In cooler regions, walls were covered with a mixture of sand and clay to create an insulating barrier, featuring only a small opening. Bamboo is occasionally incorporated as a decorative element in these structures. In contrast, in warmer climates, the Taironas and Muiscas designed walls to be more permeable, allowing for efficient air circulation while keeping the poles visible. As time progressed, they employed more sophisticated construction...
techniques, such as the use of Bahareque walls reminiscent of timber framing, incorporating bamboo as a structural element. Additionally, buildings were situated on non-natural terraces supported by one or two rows of stones to provide protection against heavy rainfall. These advanced adaptations reflect a deeper understanding of the environment and a pursuit of optimized construction techniques.\(^5\)

**K. Maya, Mexico**

The societal status dictated dwelling distinctions, with elites residing in stone abodes and farmers in huts crafted from wood, bejuco, clay, palm leaves and earth, along with walls constructed from bahareque with bamboo.\(^9\) Unlike in Bohios, in this case, the bahareque serve the purposes of division but do not function as structural support. The interior featured a division into two sections, with the rear designated for sleeping quarters and the front for daily activities. Shelter was provided by a steeply pitched roof made of thatched palm leaves supported by beams and saplings, consistently considering factors like form, and the relationship with the land and surrounding habitat. Understanding these construction systems was crucial, rooted in practical knowledge and the tradition of familial craftsmanship.\(^5\) The Maya typically constructed structures by first creating a mound or base, upon which they would build. As the wood and thatch of these buildings wore away or decayed, the Maya would dismantle them and rebuild on the same foundation. Unfortunately, due to the common necessity for the Maya to build on lower ground compared to the city center's palaces and temples, many of these mounds have been lost over time to flooding or encroaching wilderness.\(^9\)

**L. Kunas, Panama**

The Kunas, an indigenous people of Panama, have a rich tradition of vernacular architecture that reflects their cultural and environmental considerations. The traditional dwelling of the Kuna people is known as the choza or kabré. The Kunas utilized roofing materials ranging from tiles to vegetation, creating structures that seamlessly blended with the natural environment. Bamboo, a key element, served as a lightweight structural framework for quincha walls. Additionally, positioned perpendicular to roof straps, bamboo splits played a crucial role in supporting tiles, showcasing the material's versatility in Kuna vernacular architecture.\(^5\)

\[\text{[19] Traditional Maya House at Chichen Itza, Mexico}\]

\[\text{[20] Traditional Kuna House with thatched roof}\]

**M. Gamo Society, Ethiopia**

Ethiopia has a rich history of utilizing bamboo for over a millennium, boasting highly sophisticated traditional construction techniques in bamboo architecture.\(^5\) With two indigenous bamboo species covering approximately 1,000,000 hectares of land—Yushania Alpina for highland regions and Oxytenanthera Abyssinica for lowlands—the country possesses significant bamboo resources. The advantages of bamboo construction are manifold, including the provision of affordable housing for rural populations, job creation, and a reduced burden on natural forests. However, a major challenge lies in bamboo not being recognized as a standard construction material in Ethiopian building regulations.\(^11\) The Gamo and Dorze ethnic groups utilize bamboo for cultural houses, known as Waje, Yare, and Kaara. These structures vary in form, size, materials, and construction methods. Bamboo is primarily employed as a structural material, especially for roof constructions. It is also used in the form of shingles for the wall construction of the so-called Loshe houses, showcasing the versatility and cultural significance of bamboo in Ethiopian architecture.\(^5\)

**N. Sumbese, Indonesia**

Traditional Sumbese houses, so called Uma, are constructed from wood, bamboo, and palm leaves. Bamboo is prominently used on the western side. The floor is made from whole bamboo tubes, while the walls are crafted from panels of woven bamboo or coconut leaves.\(^5\) This distinctive construction raises the house on stilts. The interior of the house is divided into three sections. The front area serves as a living room and reception space for guests, the middle section as a sleeping area, and the rear part as a kitchen and storage area.\(^12\) The high roofs, inspired by the horns of a buffalo—animals considered sacred in Sumba—are made from Alang-Alang grass and due its height symbolically connects the house to the spirits or "Marapu."\(^5\)
The Bahay Kubo, standing as a traditional Filipino dwelling, attains significance in post-war Philippine architectures as a cultural icon symbolizing vernacular architecture and national identity. Its very name alludes to its square or rectangular form. Constructed with simplicity yet functionality in mind, it primarily utilizes bamboo, nipa palm, wood, and grass materials. Elevated on stilts, this architectural approach safeguards the structure from floods, while its open design encourages natural ventilation. The use of lightweight materials, including the distinctive Amakan bamboo mats for both floors and walls, further enhances the structure's adaptability. This construction method not only showcases a harmonious integration with the tropical environment but also signifies an indigenous architectural response tailored to the unique demands of climate and culture. The Bahay Kubo, thus, transcends mere physicality, embodying a rich narrative of tradition, resilience, and a profound connection to the Filipino way of life.

Bamboo has been incorporated into traditional dwellings of various tribes at different levels. Initially, it served as interior and decorative elements without structural implications. Secondly, instances are evident where bamboo functioned as flooring in forms of whole bamboo tubes or as walls through woven panels, such as the Lumad Tribes’ Amakan in the Philippines. Moreover, numerous examples showcase bamboo’s use as a construction material for walls and roofs, even in situations where it wasn’t inherently resistant to water or insects. In general, it's essential to note that these dwellings were not constructed with the intention of lasting for eternity. Considering environmental factors like earthquakes, builders often opted for lightweight structures to facilitate easy reconstruction in case of damage. In the current era, emphasizing robust construction is pivotal for ensuring the longevity and sustainability of houses. With the appropriate techniques for working with bamboo, there is considerable potential to discover enhanced solutions that can significantly prolong its lifespan. Bamboo’s applications extend beyond interior elements, embracing vital roles in structural components like roofing, flooring, and walls, thereby demonstrating its remarkable versatility in construction. This inherent versatility positions bamboo as a highly attractive option in contemporary housing, with the potential to be more widely embraced than it currently is. Understanding the legacy of cultures worldwide is crucial, as their construction traditions involving bamboo continue to influence our present practices significantly. By using the craftsmanship knowledge from traditional vernacular architecture and combining it with the improved understanding of present-day challenges in addressing bamboo’s weaknesses, it should be feasible to grant this promising building material a more prominent place in today’s architecture.
This also entails thinking creatively and exploring unconventional approaches. When considering the use of bamboo outside tropical regions, there are particular challenges in processing to meet high thermal insulation standards. Efforts are already underway to develop systems that could overcome these limitations, led by Katie MacDonald of the University of Tennessee in collaboration with her colleagues Kyle Schumann and Jonas Hauptman from Virginia Tech.¹⁵

"Bamboo is either associated with unpretentious, makeshift architecture in Asia or Central America or with kitschy South Sea clichés" - Katie MacDonald (n.d.)¹⁴

As evident from the preceding chapters, bamboo, as a natural resource, does not always possess the optimal form, with variations in wall thickness or the length of individual segments. Their goal is to generate practical building materials from bamboo, making them as easy to use as construction wood while preserving the plant's aesthetic character. Despite this, they aim to achieve a standardized material structure with environmentally friendly properties using new technologies. One of the projects focused on with her colleagues Kyle Schumann and Jonas Hauptman from Virginia Tech have the potential to redefine bamboo's role in the construction industry. With technological progress, there is optimism about creating practical building materials that harness bamboo's unique properties while meeting stringent construction standards. This could extend bamboo's usage beyond tropical regions to mid-latitudes. By addressing insulation challenges and exploring diverse applications, bamboo holds the potential to become a viable, eco-friendly alternative in the global construction industry. Ongoing research and innovative endeavors indicate an exciting future where bamboo assumes a more prominent role in shaping sustainable and resilient structures.

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